

How Can We Be Effective Users of AI?

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In the future, we need to shift from “dependence” to “coexistence.” That's the best way for us to live together.

We live in an era where generative AI such as ChatGPT, Gemini and Stable Diffusion are widely used in life and business. Usage varies from person to person. Young people see AI as a way to create interesting content for study and entertainment. Working people tend to view AI as something that helps them with their work. I think some elderly people don't use it at all or aren't interested in it.

I would like to talk about generative AI from my point of view. Generative AI can answer questions and provide detailed explanations and specific examples immediately. It also helps me with various other things, such as creating test preparation questions, summarizing long sentences, and so on. Now, in terms of study, it has become useful and indispensable.

As a high school student, I have more subjects to study, and I put more effort into my studies. For example, I'm not very good at math. In order to keep up with the classes, I made sure to prepare and review every day. When I was still struggling with difficult and incomprehensible problems, I saw my friend solving math problems using generative AI. Then, I started to use it too. I asked the AI to solve the problems I could not understand and proceeded with my assignments. But I didn't get any better results in the test. I knew the answers, but I didn't know how to solve them.

However, it is not all bad. When I didn't understand a word in English, I looked it up using generative AI. Then I could understand the meaning of the word immediately, and I could solve long sentences by myself. As I was able to understand and solve longer sentences, I gained more confidence and became more motivated in my English studies and abilities. I realized that there were both good and bad things about using it in this way!

The advantage is that explanations allow you to learn efficiently at your own pace. On the other hand, the disadvantage is that relying on AI can weaken your ability to think for yourself. I realized that how you use the system can truly affect your learning and your grades. When you think about it, the spread of AI globally is dizzying. In the job market, there's even a term for it, “AI unemployment,” which refers to humans losing their jobs due to over reliance on AI equipped systems and robots.

In my case, I would like to work as a ground staff employee at an airport in the future. I have always enjoyed interacting with people and learning languages. I think that ground staff is a job where my personality can be put to good use. However, in the past few years, the number of non-contact devices has been increasing and automation has been progressing.

In the future, the workload of ground staff may decrease and become a profession that can be completely replaced by robots. However, I believe that it is human beings, not AI, who can always be close to customers with sincerity and compassion. I believe that AI will continue to evolve further in the future. Even in such an era, we should still value human relationships.

In conclusion, we need to change from “dependence” to “coexistence” to have a good relationship.